



## The Benefits of Being Multilingual

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**Abstract:** Speaking more than two languages is a talent. In this modern world, the ability to speak multiple languages is not difficult, because of tools and technology. The advantages of being multilingual are numerous such as career prospects, cognitive development, cultural understanding and personal development. This article will explore the main benefits of being multilingual.

**Key words:** languages, cultural, speaking and multilingual.

**Аннотация:** Говорить более чем на двух языках — это талант. В современном мире умение говорить на нескольких языках не является трудным, благодаря технологиям. Преимущества многоязычия многочисленны, например, карьерные перспективы, развитие когнитивных способностей, понимание культур. Эта статья будет рассматривать основные преимущества многоязычия.

**Ключевые слова:** языки, культурный, разговорная речь и многоязычие.

### **Introduction:**

Multilingualism possesses a number of benefits as it has been mentioned above. Here are some examples:

- 1. It is beneficial for brain function:** multilingualism is not just about speaking different tongues—being multilingual actually changes the way our brains work! Brain scans show that multilingual brains are wired differently. Even when people do not speak and use language, they show more activity in the areas related to language, which means they are super-sensitive to words and sounds. This heightened sensitivity also extends to how they process everything they hear. Bilingual brains are like super-



hearers, they easily accept each word. Interestingly, the actual structure of the brain is different in multilingual people. They have more grey matter, the part of the brain responsible for thinking, and their white matter, which connects different brain areas, stays healthier for longer. It seems like juggling multiple languages actually improves the brain's control center, making it more efficient over time. Furthermore, being able to speak in lots of languages is the reason for the improved memory and attention. Learning languages trains human brain by processing information, retaining memories, and developing multitasking skills.

**2. Boosting career prospects:** Being multilingual opens doors to a wider range of expanding on job avenues offered by international companies, agencies, and consulates. Employers mostly hire someone with language skills as these employees will earn more and climb professionally. Additionally, these employees will be the best contributors to collaborate with different international companies.

**3. Increased cultural awareness:** the more languages people speak, the more cultures they will experience. Multilingualism opens many doors. People who speak more than two languages will be able to travel around the world easily. They will easily communicate with people from different countries.

### **Conclusion:**

Speaking in lots of languages provides a number of advantages. From cognitive development, job opportunities to cultural awareness. In a modernized world, it is not difficult to be multilingual with lots opportunities given. Last but not least, the more languages people will try to learn, the more doors will be opened for them.

### **Reference:**

1. Cohen, A. (n.d.). The cognitive benefits of being multilingual. Retrieved from <https://www.brainscape.com/>.