



LEARNING ENGLISH INDEPENDENTLY

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Annotatsiya: ushbu material ingliz tilini mustaqil o'rganish jarayonining asosiy jihatlari va samarali usullarini taqdim etadi. Ingliz tili bugungi kunda global muloqot, biznes va fan sohalarida muhim ahamiyatga ega va uni o'rganish yangi imkoniyatlar yaratadi. Maqolada maqsadlarni belgilash, o'qish materiallarini tanlash, tinglash va gapirish amaliyoti, yozish ko'nikmalarini rivojlantirish, grammatikani o'rganish va muntazam amaliyot kabi asosiy yo'nalishlar batafsil yoritilgan. Har bir bo'limda mustaqil ta'lim uchun foydali manbalar va takliflar mavjud.

Kalit so'zlar: maqsadlar, manbalar, nutq, yozish, grammatika, tinglash, lug'at, o'z-o'zini boshqarish, motivatsiya, amaliyot.

Аннотация: в данном материале представлены основные аспекты процесса самостоятельного изучения английского языка и эффективные методы. Английский язык сегодня важен в глобальном общении, бизнесе и науке, и его изучение открывает новые возможности. В статье рассматриваются такие ключевые области, как постановка целей, выбор материалов для чтения, практика аудирования и разговорной речи, развитие навыков письма, изучение грамматики и регулярная практика. Каждый раздел содержит полезные ресурсы и предложения для самостоятельного изучения.

Ключевые слова: цели, ресурсы, говорение, письмо, грамматика, аудирование, словарный запас, самоконтроль, мотивация, практика.

Annotation: this material presents the main aspects of the process of independent English language learning and effective methods. English language is important today in global communication, business and science fields, and learning it creates new opportunities. The article details key areas such as setting goals, choosing reading materials, listening and speaking practice, developing writing skills, learning grammar, and regular practice. Each section provides helpful resources and suggestions for independent study.

Key words: objectives, resources, speaking, writing, grammar, listening, vocabulary, self-management, motivation, practice.

English is one of the most widely spoken languages in the world today. It plays an important role not only in international communication, but also in the fields



of business, science, technology and culture. Independent learning of English opens up new opportunities for any person. Below are the main methods and recommendations for independent English language learning. The concept of independent learning in English is called autonomous learning. It is a concept of learning that has been widely introduced not only in Western countries but also in Eastern countries. In this learning concept, students get greater responsibility in the learning process they do. Students are expected to be able to contribute to the learning process in their classrooms and outside the classroom after their classroom learning is over. The ideas and input from students regarding classroom learning are also highly expected, especially regarding the implementation of daily learning in the classroom. Because the students have a greater role in learning in their classrooms, learning activities are more student-centered rather than the teacher-centered. Teachers in this context only act as facilitators and motivators. Egel (2009) states independent learning activities support the development of person into lifelong learners. If someone is given many opportunities to study independently, then he also has the opportunity to develop the skills needed by becoming lifelong learners. However, this opportunity certainly must be supported by the willingness of individuals to carry out these independent learning activities. We realize it or not in this modern era, there has been a demand for individuals to become lifelong learners. Each learner is expected to be able to learn and develop themselves to follow the times and technological developments that continue rapidly. Jarvis (2007) and Weinstein et al. (2011) state that the ability to continue to learn and become lifelong learners will make individuals are not left behind by the times and will still be able to be part of the world community. Along with the demands above, Indonesian education curriculum is also intended to be able to create students who are more independent and creative. The concept of learning is introduced in the classroom and also ultimately refers to the creation of independent learning activities. In general, the concept of independent learning has an appeal that is for several reasons.

Independent learning is learning that is self-directed. That means you guide the learning process yourself. Of course, anytime you learn something, some percentage of it is “independent”. Nobody can learn on your behalf. But a teacher and a classroom provide a structure for you to learn. When you learn independently, you don’t have that structure: the curriculum, the materials, or anything else. Independent learning means creating your learning path from scratch: deciding what you’ll learn, creating a learning system, choosing materials, and then actually finding the time to sit down and learn. Independent learning doesn’t mean you learn completely



by yourself. Indeed, communicating with others in English is often an essential part of a self-guided learning programme. You absolutely can (and should!) involve others in your independent learning activities. Finding conversation partners, developing a peer group, and joining language communities can contribute to your enjoyment of the process and are strategies that I'll recommend later on.

Why learn English independently in the first place?

Independent learning is fantastic because it's so flexible: you can go at exactly the pace you want, study when you want, and use the materials you want.

When done properly it can be way more effective than learning in a classroom, all while being less rigid and more affordable. Learning on your own lets you:

Use any materials you want. Don't like learning from a textbook? Then don't. Find your Audiobook boring? Change to a better one. Learning on your own means choosing materials that you like and that work for you.

Learn any time you like. You can fit language learning to adapt to your schedule and into your routine. You can take it with you on the bus, in the kitchen, or even while you play video games.

Choose your own speed. In English classes, sometimes the other students can hold back our learning. Other times, the teacher rushes through something we find difficult. Independent learners can choose the pace of their learning to be more effective.

Focus on things that matter to you. Maybe you need to do really well on an English test so you can get into an English university... or maybe you just want to be able to communicate with your sister-in-law. Independent learners can let their needs guide their study.

Pay less. Private lessons with a tutor or courses from an English school can be very expensive. English immersion programmes can be even more. Independent learners get to avoid these costs.

Learning English on your own can be a rewarding and empowering journey. By following a step-by-step plan, you're sure to progress from absolute beginner to fluent in no time at all.

Assess your current level

Before you crack open a textbook, start an online course, or even watch a TV show to learn English, you need to know exactly where you're starting. This will allow you to create a solid learning plan and set realistic goals. If you're a beginner, this is especially important – you don't want to get overwhelmed right away. There are many free online English language level tests that will measure your proficiency,



identify your strengths, and note areas for improvement. You can take self-assessments specific to certain areas of language learning, like vocabulary.

Set SMART goals

In the language learning community, there is so much emphasis on “becoming fluent,” but when you’re taking the first steps on your journey to learning English, is this a helpful goal? Probably not. Focusing only on fluency suggests that there is an endpoint to learning English, a point that is always out of reach. The truth is that everyone who speaks any language at all is still learning. Research has shown that most people continue to learn an extra word in their native language every day until middle age.

We suggest using “SMART” goals, which are:

- Specific
- Measurable
- Attainable
- Relevant
- Time-bound

Build basic skills

If you’ve wondered, “How can I learn English by myself?” and immediately felt overwhelmed, start small. A basic English learning plan should focus on fundamental grammar and vocabulary, so you can create a strong foundation in the language. This will help you avoid confusion and build confidence as you progress to more advanced English skills.

Grow your vocabulary

You need a solid English vocabulary to understand conversations and express yourself clearly. If you’re a beginner, learning new words and phrases is an easy starting point that will help you feel more confident when you speak English.

By implementing these recommendations, students will have the opportunity to communicate freely in English, express their thoughts and master the language practically. The material is a useful resource for independent learners and helps to increase motivation in the process of learning English.

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