



## MUSTAQIL TA'LIMNING AHAMIYATI VA UNING AFZALLIKLARI

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**Annotatsiya:** Ushbu maqolada mustaqil ta'limning ahamiyati va uning afzalliklari, bugungi kundagi muhimligini yoritin bergan. Mustaqil ta'lim o'z o'zini o'rganish hamda mustaqil ilmiy faoliyat bilan shug'ullanish uchun foydaliligi shuningdek insonga mustaqil bo'lish imkonini berishi haqida fikr yuritilgan.

**Kalit so'zlar:** ta'lim, mustaqil ta'lim, ko'nikma, ta'lim bosqichlari, trening va harakat.

## ВАЖНОСТЬ НЕЗАВИСИМОГО ОБРАЗОВАНИЯ И ЕГО ПРЕИМУЩЕСТВА

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**Аннотация:** В данной статье подчеркнута важность независимого образования и его преимущества, его актуальность на сегодняшний день. Считается, что самостоятельное образование полезно для самостоятельного обучения и самостоятельной научной деятельности, а также позволяет человеку быть независимым.

**Ключевые слова:** образование, самостоятельное образование, навыки, этапы обучения, обучение и действие.

## IMPORTANCE OF INDEPENDENT EDUCATION AND ITS ADVANTAGES

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### Abstract.

This article highlights the importance of independent education and its benefits, and its relevance today. It is thought that independent education is useful for self-



study and independent scientific activity, as well as it allows a person to be independent.

**Key words:** education, independent learning, skills, stages of education, training and action.

Education is the process of acquiring knowledge, skills, values, morals, beliefs, and habits—educational methods include teaching, training, storytelling, discussion, and targeted research. Training is often teacher-led, but students can also engage in self-directed learning. Training can take place in formal or informal settings and with any experience, whether a person thinks, feels or acts. which has a formative effect on the way of doing, can be considered educational. Formal education is usually preschool education, primary education, secondary divided into stages such as school, then college, university or vocational institutions. During the period of education, students can develop their knowledge and skills using various forms of education. One of them is the form of independent education, which today differs from other traditional forms of education by its effectiveness.

Independent education is a form of education that is offered by many high schools, colleges, and other educational institutions. Sometimes this is called directed learning, and it is mostly an unsupervised learning activity. Typically, the student and instructor agree on a topic for student-supervised research for an agreed number of credits. Independent studies allow well-motivated students to explore a topic that does not necessarily fit within a traditional academic program, but which interests the student.

In today's fast-paced world, staying up-to-date with the latest trends and developments is essential for professional development. The best way to do this is to engage in independent learning, in which the student takes the initiative to learn new skills and knowledge independently. Independent learning can take many forms, such as attending online courses, seminars and conferences, or reading books or articles. Of course, independent learning requires discipline and self-motivation. Study supervision reveals the student's full potential and helps him achieve his personal and professional goals.

Lev Semyonovich Vygotsky very well explains the importance of taking into account not only types, but also levels of tasks for students' independent work. There are such basic methodological principles of independent work:

- Expediency
- Consistency
- Regularity
- Logic
- Let's be comfortable
- It has a scientific character.



Independent work types can differ independently in terms of location, as well as the nature of tasks. Auditory and non-auditory training varies according to the location. However, there are more types of independent work due to the nature of the assignments and they include different goals. These are the following:

1. Preliminary study of materials.
2. Listening to lectures
3. Completion of notes
4. Working with recommended information sources
5. Carrying out special assignments within the curriculum
6. Preparation for tests, seminars
7. Preparing abstracts, essays and defending them.

When choosing the level of tasks for independent work, it should be remembered that it should increase each time. It builds self-confidence and enhances professionalism.

In short, independent education helps students to strengthen their theoretical knowledge, develop their ability to understand topics to the maximum extent, and expand their general outlook.

Independent work of students plays an important role in the radical reconstruction of the specialist training system and in increasing the importance of the educational process. The analysis shows that independent work is understood as such educational activity, in which, along with the acquisition of knowledge, the formation of skills is ensured. The process of independent education must cover its exact form, methods and methods.

The main method of independent education is individual work on literature. This method forms the ability to find the most important information in the flow of information, give it the correct assessment, and use this information in one's professional activity. It allows you to use independent training methods based on the obtained information. The use of this method provides necessary quality indicators in practical work.

Also, self-study includes performing practical tasks and working with audio-visual equipment.

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