



HOW TO IMPROVE LISTENING AND SPEAKING SKILLS

Yangiboyeva Sevinch Bekzod qizi

Student of Samarkand State Institute of Foreign Languages

Scientific supervisor: Shamuradova Naima Muxtarovna

Teacher of Samarkand state Institute of Foreign Languages

Abstract: in this article, the IELTS place of language proficiency provides the necessary information to improve these skills in the ham about effective ways to increase listening and speaking patterns, methods that will help us to achieve this goal.

Keywords: IELTS exam, listening, speaking, skills, podcasts, good speaker, repetition, methods, intonation, speaker, voice, reading, news listening, useful applications.

IELTS stands for the International English Language Testing System. More than 4 million people participate in this exam per year, according to statistics. The IELTS exam is the most important English proficiency exam for higher education and global migration.

We know that IELTS is consent of four sections, there are : Listening, Reading, Speaking and Writing.

In this article, we will look at several methods that will help us improve our listening and speaking skills and the work that needs to be done for this.

Improving listening skills.

In order to get a high score in the IELTS Listening section, you will first need to form an opportunity to quickly listen and dream of English-speaking people. This is due to the fact that if you overuse your brain-that is, try to hear and process every spoken word, you will not be able to focus enough on questions and will have a hard time choosing the answer you deserve in the contests.

One great way to learn to easily understand conversations in English is to use the online audio and vedio listening method. At the same time as using this method, be sure to read the audio recording that you are listening to or the transcript of the vedio. In doing so, you will learn to focus even more on the pronunciation of words. Pay attention to all "ups and downs" (intonation) in the tone of the voice in the audio you are listening to and identify more elongated words or parts of words than others. Try to hear sentences that are pronounced faster carefully, where many words come



together and word combinations can be used. IELTS speakers often speak faster when they provide information that is not useful in answering questions.

Practice listening and reading at the same time.

Another great way to increase Listening skills is to practice listening and reading at the same time. To do this, you need to find a video of BBC or CNN News that you have not listened to before, and you will see them using the first subtitle. You try to read subtitles while listening to video. And on the second time you need to see without subtitles. This method will help you increase your reading speed and help you scan IELTS listening questions and answer options during the test process. Since the IELTS test was created in the United Kingdom, the IELTS Listening test uses many of the accents common in countries associated with the United Kingdom. It is rare to hear different accents in the official IELTS listening exams. Therefore, it may be useful for you to hear podcasts or news from a more specific country.

Half of most IELTS listening tests (20 questions) are questions that need to be completed. For this reason, you need to know the rules of correct pronunciation and the rules for writing words correctly.

Beyond that, explore your weaknesses and work on those mistakes. If you don't know your weaknesses and don't try to correct them, your hours spent listening to English and taking practice tests can be canceled. Are you having a problem with poor grammar knowledge, or is your vocabulary stutter, or is it a problem to hear podcasts? Try to find the right answers to the questions and an effective solution. By correcting the mistakes you are always repeating, you can improve your listening skills. You can achieve an effective result by practicing increasing your listening skills for at least 1 hour almost every day.

Speaking skills. Since most language learners consider speaking skills to be complex and have some problems increasing this process. Stay calm first when Speaking. Because intense excitement can also sometimes cause you to memorize the information you want to say, and in addition, some kind of tremor appears in your voice, which can lead to the fact that it does not make a good impression on the person you are communicating with. Learn to attach importance to the positive aspects of your speech more when you speak, not to your mistakes. The Examiner takes the exam to see what you are capable of, not to see what you can't, they do everything possible so that you feel comfortable.

Imagine this as if it were a short conversation with a friend. Then your work will be much easier. And remember one more thing that your knowledge of certain



topics is not evaluated. The topics in the speaking section of the IELTS exam are based on life events, experiences and personal thoughts.

The next way is to speak meaningfully and longer. Through this method, you will have the opportunity to show how fluent you are. Get used to proving your answers with reasons. If at the time of the exam you were asked " why?", know that you are not being able to answer enough questions. At the same time, try not to rush when you are talking. Because talking too fast will also make your speech incomprehensible and make more mistakes. Recording your voice during the exercise process also leads to an improvement in your speaking skills. The reason is, when you listen to your audio, you pay attention to your mistakes, pronunciation, and various grammatical errors. In addition, to increase Speaking, try to enter and repeat the role together with the actors in the same way, seeing different types of cinema or vedios using subtitles. This method will cause you to increase both listening and speaking skills. In addition, many IELTS exam preparers prepare independently, and for some it can be effective.

For others, the best way to improve their vocabulary at IELTS is to get professional feedback from a qualified IELTS teacher.

A person with knowledge of the IELTS exam can guide you more effectively by showing your strengths and weaknesses and areas that need to be improved.

A Professional IELTS teacher can take verbal tests to test, give your own feedback and ideas on how to change your answers, teach different sentence structures to improve your grammar, give tips and exemplary answers to increase your vocabulary. Many examiners wonder how they can improve their speech or pronunciation skills. To give a more complete account of the points I have mentioned above, speaking is to increase

one of the best ways is to imitate the speech of a native speaker.

Watch movies or series and imitate the speech of the actors.

Use their accents, intonation, try to pronounce words and phrases as they say.

After hearing various shows, do small activities based on them, listen to their conversations, pause the video, repeat what you hear.

Listen, pause and repeat.

Conclusion: to summarize, today a lot of attention is paid to the level of knowledge of foreign languages, especially English. Because by learning foreign languages, we can achieve in our study activities or a successful career. It is natural that learners may experience a number of challenges in increasing Listening and speaking skills. But when people try to achieve their goals, wanting something, they



will definitely achieve their goals, and in this they will be helped by various techniques and tried and tested techniques that will help them learn languages easily and help form language skills. It is possible to form language skills and learn foreign languages easily by using the effective methods of a group of scientists and teachers who have experimented on improving Listening and speaking skills.

REFERENCES:

1. Shamuradova Naima. (2021). THE EFFECT OF USING SONGS ON YOUNG LEARNERS AND THEIR MOTIVATION FOR LEARNING ENGLISH. Emergent: Journal of Educational Discoveries and Lifelong Learning (EJEDL), 2(05), 71–73.
2. Shamuradova Naima, THE EFFECT OF USING SONGS ON YOUNG LEARNERS AND THEIR MOTIVATION FOR LEARNING ENGLISH , Emergent: Journal of Educational Discoveries and Lifelong Learning (EJEDL) : Vol. 2 No. 05 (2021): ejedl.academiascience.
3. <https://www.britishcouncil.in/blog/seven-simple-ways-improve-your-speaking-skills>
4. <https://www.quora.com/How-can-I-speak-more-fluently-and-clearly>
5. <https://www.indeed.com/career-advice/career-development/how-to-be-well-spoken>
6. <https://essaypro.com/blog/how-to-speak-english>
7. <https://www.busuu.com/en/english/grammar-rules>
8. <https://learnenglish.britishcouncil.org/english-levels/improve-your-english-level/how-improve-your-english-speaking>
9. <https://www.britishcouncil.in/blog/seven-simple-ways-improve-your-speaking-skills>
10. <https://www.indeed.com/career-advice/career-development/how-to-improve-listening-skills>.
11. <https://open.lib.umn.edu/publicspeaking/chapter/4-5-listening-critically/#:~:text=Critical%20listening%20can%20be%20improved,ones%2C%20and%20take%20useful%20notes>.
12. <https://ielts.idp.com/canada/prepare/article-8-ways-to-improve-your-ielts-listening-score#:~:text=Try%20and%20identify%20your%20listening,%2C%20chatting%2C%20etc%E2%80%A6>.
13. <https://www.ef.edu/blog/language/how-to-improve-your-spoken-english/>
14. <https://ielts.idp.com/thailand/about/news-and-articles/article-ielts-writing-test-guide-to-band-9>