

BENEFITS OF INDEPENDENT EDUCATION IN THE STUDY OF FOREIGN LANGUAGES

Akbarxonov Sarvarxon Saidumarxon o'g'li

Student of Samarkand State institute of Foreign Languages

sarvarxon2005akbarxonov@gmail.com

Supervisor: Zubaydova Nilufar Ne'matillayevna

Annotation: *This article discusses the benefits of students learning foreign languages on their own, looking at the flexibility, adaptation, as well as incentive opportunities it offers. In addition, the article shows how technology can improve the efficiency of independent reading.*

Keywords: *independent learning, foreign languages acquisition, personalized learning, technology in education, self-discipline, lifelong learning, autonomous learning*

Introduction

Today, learning foreign languages has become important not only for academic activities, but also for global communication, professional success and personal development. Independent reading (or autonomous reading) is of great importance in language learning. Independent learning is an approach in which the learner makes the key decisions in the learning process and directs his or her own learning. There are several benefits of this approach to learning a foreign language, including self-motivation, personalization of the learning process, and deeper understanding.

The freedom and flexibility of independent reading are among its biggest advantages. In contrast with the typical educational system, that follows a set schedule with teacher-set classes and assignments, independent study allows students to continue reading at any time they prefer. For students with extracurricular duties or time constraints, this is very useful.

Also, reading on your own gives students the freedom to control their time and choose the reading materials and materials that work best for them. For example, foreign language learning is always available through online courses, audiobooks, and mobile apps, which allow students learn at their own pace.

Another important benefit of independent reading is the personalization of the process. Each language learner can choose learning methods based on their interests, needs, and goals. For example, a business person may focus more on learning professional vocabulary, or someone preparing for a trip may devote more time to learning the phrases needed for everyday conversations.

This personalization makes the reader a more active participant, as the reader has the freedom to choose the right materials and techniques to achieve their goals. Working on oneself and independently evaluating the results gives the student the opportunity to learn self-awareness and language in depth.

Independent study develops self-stimulation and self-control skills in students. In traditional classes, students are forced to complete the tasks set by the teacher, while in independent study they determine their goals and find the most effective methods for themselves.

Such an approach increases the self-confidence of the student and develops the endurance necessary to overcome the difficulties that arise during the study process. Obstacles and stagnation can sometimes occur during language learning, but independent learners overcome these challenges through passion and motivation for their goals.

Learning a language through independent reading means not only memorizing grammatical rules, but also understanding the language more deeply and applying it in practice. The student is more actively involved in their learning process, as they have the opportunity to work with materials of their choice and apply them in practice.

In addition, through independent reading, students are able to master the language even better. For example, by watching movies and series in their original language, listening to music, or chatting on online language sharing platforms,

they gain more "authentic" (real) experience with language. Such activities will help develop reading and listening skills.

Independent Study Using Technology

The technology helps to make the independent reading process more efficient and convenient. With mobile apps, online language learning platforms, and other interactive tools, students can make their language learning process more interesting and effective.

- Gamification: applications such as Duolingo or Memrise continuously encourage the user by presenting the reading process in the form of a game.
- Audio and Video resources: through YouTube or podcasts, students can listen to different language materials and lessons.
- Online societies: through platforms such as Tandem or HelloTalk, language learners can interact with each other and perform practical exercises.

Conclusion

The advantages of independent study in the study of foreign languages are many. It helps the student personalize their learning process, manage time, and gain a deeper understanding of the language. Independent study develops the skills of motivating the student, self-control and achieving their goals. Also, independent reading with technology and online resources can be more effective and fun. Each student can take full advantage of these benefits of independent reading in achieving their goals.

References:

- e
ardner, R.C., & Lambert, W.E. (1972). Attitudes and Motivation in Second-
L
odwin-Jones, R. (2011). "Emerging Technologies: Autonomous Language

h

g

h

g

h

einders, H., & White, C. (2011). “Learner Autonomy and New Learning

E

Charle, Á., & Szabó, A. (2000). Learner Autonomy: A Guide to Developing

L

h

hamuradova Naima Muxtarovna Independent learning // Евразийский научный

журнал. 2017. №4. URL:

a

m

e

с

R

s

с

р

о

н

с

й

b

i

A

ü

t

ø

n

o

m

y

n

d