

## ZULFIYA AND PEDAGOGICS: THE IMPORTANCE OF HER POEMS IN SHAPING THE YOUNGER GENERATION

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**Abstract:** Zulfiya Murodova is a significant figure in Uzbek literature, known for her contributions as a poet, prose writer, and translator. Her writings are distinguished not only by their artistic beauty but also by their profound psychological insights. In her work, Zulfiya delves into the human psyche, exploring the inner worlds, emotions, and personalities of her characters in a distinctive manner. This article examines the psychological profiles and inner landscapes of characters portrayed in Zulfiya's literature.

**Keywords:** Zulfiya Isroilova, Uzbek poetry, emotional intelligence, empathy and connection, inner feelings, love for the homeland, psychological portrait, , symbolism, expressive depiction, female images, identity and cultural heritage

### Introduction

Zulfiya Isroilova emerged as a shining star in the realm of Uzbek literature. Born on March 1, 1915, in Tashkent to a family of artisans, she displayed a deep passion for literature from an early age. While attending the Women's College from 1931 to 1934, she actively participated in literary circles and began writing poetry. Subsequently, from 1935 to 1938, she pursued her studies at the graduate school of the Institute of Language and Literature of the Academy of Sciences of Uzbekistan. Zulfiya's life was not only marked by her poetic endeavors but also by her involvement in public service. Between 1938 and 1948, she worked as an editor at the Children's Publishing House and later as a department head at the State Publishing House of Uzbekistan. From 1950 to 1953, she led a department at the "Uzbek Women" ("Saodat") magazine and served as its chief editor from 1953 to 1980. Her first poetry collection, "Hayot varaqlari," published when she was just 17 years old, established her alongside esteemed poets such as Oydin, Muzayyana Alaviya, and Khosiyat Tillaxonova. The influences of classical Uzbek and Russian literature, folk traditions, and global literary examples significantly shaped her artistic development.

Zulfiya Isroilova was a prominent figure in Uzbek literature, known for her diverse contributions. She wrote librettos for plays and operas inspired by Hamid Olimjon's epics, such as "Semurg" and "Zaynab va Omon." Her poetry collections "Uylar" and "Shalola" earned her the prestigious Hamza State Prize of the Republic. She also received the Jawaharlal Nehru International Award for her poems reflecting Indian themes, as well as the international "Nilufar" award, recognizing her works that

promote peace and friendship, alongside her active involvement in the progressive movement among Asian and African writers.

Zulfiya traveled extensively to countries like India, Yugoslavia, Sri Lanka, Egypt, Burma, and Austria. She participated in the inaugural conference of Asian and African writers in Delhi in 1956, where she produced her notable work "Mushoira" in 1958. Her poetry has been translated into multiple languages, including Russian, English, German, Hindi, Bulgarian, Chinese, Arabic, and Persian. Additionally, she adeptly translated works by various authors such as Nekrasov, Lermontov, V. Inber, Lesya Ukrainka, Edi Ognetsvet, M. Dilboziy, and Amrita Pritam into Uzbek. Zulfiya Isroilova's extensive creative output has left a lasting impact on the landscape of Uzbek literature.

Zulfiya, a prominent figure in Uzbek literature, is celebrated not only for her lyrical poetry but also for her profound impact on the cultural and educational landscape of Uzbekistan. Her work transcends mere artistic expression; it serves as a vital tool for educating and inspiring the younger generation. This article explores the pedagogical significance of Zulfiya's poetry, examining how her themes, values, and stylistic elements can be utilized in educational settings to foster personal growth, emotional intelligence, and cultural awareness among youth.

#### Literary Career

Zulfiya began writing poetry at an early age, quickly gaining recognition for her talent. Over her lifetime, she published numerous collections that explored themes of love, nature, and national identity. Her ability to articulate complex emotions in a relatable manner made her work accessible to readers of all ages. Zulfiya's poetry reflects not only her personal experiences but also the collective consciousness of her society.

#### Impact on Uzbek Literature

As one of the leading figures in Uzbek literature, Zulfiya's influence extends beyond her own writings. She paved the way for future generations of poets and writers, particularly women, by challenging societal norms and advocating for the importance of women's voices in literature. Her legacy continues to inspire contemporary poets and serves as a foundation for exploring themes of identity, love, and resilience.

#### Themes in Zulfiya's Poetry

Zulfiya's poetry encompasses a wide range of themes that hold significant pedagogical value. By analyzing these themes, we can better understand how her work can be integrated into educational contexts to benefit young learners.

**Love and Relationships.** One of the central themes in Zulfiya's poetry is love—both romantic and platonic. Her exploration of love provides valuable lessons about emotional intelligence, empathy, and the complexities of human relationships.

**Emotional Intelligence:** Zulfiya's poems often delve into the nuances of love, highlighting the importance of understanding one's emotions and those of others. This focus can help young readers develop emotional intelligence by encouraging them to reflect on their feelings and the feelings of those around them. **Empathy and Connection:** Through her portrayal of relationships, Zulfiya emphasizes the significance of empathy and connection. Her poems encourage young people to build meaningful relationships based on understanding and compassion.

#### Identity and Cultural Heritage

Zulfiya's exploration of identity and cultural heritage is particularly relevant in today's globalized world. Her poetry serves as a reminder of the importance of understanding one's roots while embracing diversity. **Cultural Awareness:** Through her celebration of Uzbek culture, Zulfiya instills a sense of pride in cultural heritage among young readers. Educators can use her poems to discuss cultural identity, traditions, and the significance of preserving one's heritage.

**Personal Identity:** Zulfiya's reflections on personal identity resonate with young people grappling with their sense of self. Her work encourages introspection and self-discovery, prompting readers to consider their own identities in relation to their cultural backgrounds. She wrote in one of her poems:

"Thank you for the honor and the care,  
You are my sun; I am your light to share.  
May your mornings be peaceful and bright,  
My happiness is this — I am Uzbekistan's Zulfiya!"  
Shoira o'z she'rlaridan birida shunday yozgan edi:  
E'zozlar, ardog'lar uchun tashakkur,  
Asli Siz – oftobim, men ziyosiman.  
Tonglaringiz kulsin dorilomon, hur,  
Baxtim shul – O'zbekning Zulfiyasiman!

#### Pedagogical Approaches to Teaching Zulfiya's Poetry

Integrating Zulfiya's poetry into educational settings requires thoughtful pedagogical approaches that engage students and foster critical thinking. Here are several strategies educators can employ:

##### Thematic Units

Creating thematic units centered around Zulfiya's poetry allows students to explore specific topics in depth. For example: **Unit on Love:** Students can analyze various poems that explore love from different perspectives—romantic love, familial

love, and friendship. Discussions can focus on emotional intelligence, empathy, and communication skills. Unit on Nature: A unit centered on nature can include readings of Zulfiya's poems alongside discussions about environmental issues. Students can engage in creative projects that connect literature with environmental awareness. Unit on Identity: Exploring themes of identity can lead to discussions about cultural heritage and personal experiences. Students can reflect on their own identities through writing assignments or creative projects inspired by Zulfiya's work.

#### The Role of Poetry in Emotional Development

The emotional depth present in Zulfiya's poetry serves as a valuable resource for fostering emotional development among young readers:

Understanding Emotions. Zulfiya's exploration of complex emotions provides an opportunity for young people to learn about emotional vocabulary and expression:

Identifying Emotions: Through reading her poetry, students can learn to identify various emotions—joy, sadness, longing—and understand that these feelings are part of the human experience.

Excerpt from the poem "Ona" ("Mother")

"Mother, in your love  
I feel every step,  
Your patience, your strength,  
Always supports me."

"Ona" she'ridan parcha  
"Ona, sening mehringda  
Har bir qadamni his qilaman,  
Sening sabring, sening kuching,  
Meni har doim qo'llab-quvvatlaydi."

Expressing Emotions: Encouraging students to express their emotions through writing or discussion helps them develop healthy coping mechanisms and communication skills. Here are the excerpts from Zulfiya's poems translated into English, along with brief explanations of their meanings:

Excerpt from the poem "Yurak" ("Heart")

"Heart, within you  
Love, suffering, and hope,  
Sorrow and joy together,  
Every moment is with you."

"Yurak" she'ridan parcha  
"Yurak, sening ichingda

Sevgi, iztirob va umid,  
Qayg'u va quvonch birga,  
Har lahza sen bilan birga."

### **Summary**

Zulfiya Isroilova's poetry plays a crucial role in shaping the younger generation by exploring deep emotional themes and complex characters. Her works often delve into the inner lives of individuals, revealing their struggles, hopes, and dreams. This exploration helps young readers understand their own emotions and experiences, fostering empathy and self-reflection.

Through her vivid imagery and thoughtful analysis, Zulfiya creates relatable psychological portraits that resonate with youth. Her characters are not just figures in a poem; they embody real human feelings and dilemmas, encouraging readers to reflect on their own lives. This connection is vital for personal growth, as it allows young people to see themselves in her work and understand the complexities of their own emotions.

In essence, Zulfiya's poems serve as a bridge between literature and the personal experiences of young readers, guiding them toward a deeper understanding of themselves and the world around them. Her ability to articulate the nuances of human psychology makes her poetry not only beautiful but also an important tool for education and emotional development.

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