

## EFFECTIVE METHODS FOR DEVELOPING LISTENING COMPREHENSION

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**Abstract:** The development of listening comprehension is important for improving communication skills and receiving information correctly. This article analyzes effective ways to improve listening skills. In particular, it has been shown that listening comprehension skills can be developed by focusing, using active listening techniques, analyzing what is heard, reconfirming what has been understood, and regular self-assessment.

**Keywords:** Listening Comprehension, Active Listening, Focusing, Communication Skills, Analyzing What You Have Heard, Developing Comprehension, Self-Assessment, Effective Listening Techniques

The main methods of developing listening comprehension

Listening comprehension is one of the main skills that determine a person's success in communication. The following methods are effective for developing this ability:

Concentration. During the listening process, it is important to focus all attention on the interlocutor or the material being listened to. Phones, outside noise, or other distractions should be limited as much as possible. Creating a suitable environment and concentrating thoughts in one place increases the effectiveness of listening.

- Support the speaker with nods or short words.
- Summarize or summarize briefly to show that you understand.
- Continue the conversation by asking questions.

Analyze and separate concepts. Analyzing the information heard and extracting the main ideas is important in developing listening comprehension. For this, the following questions will help:

What is the speaker's main point?

What evidence supports this opinion?

How reliable is the information? Reconfirm understanding. By reconfirming what you heard, you can correct your thoughts and identify points you did not understand. For example, addressing the interlocutor with expressions such as "What you want to say..." can make the communication clearer.

Self-assessment and analysis. You should focus on regularly analyzing and

improving your listening skills. Identifying your listening weaknesses and practicing accordingly will improve this skill

Exercise regularly. Practices such as listening to podcasts, reading audiobooks, or learning public speaking skills can help develop listening comprehension. By listening to information on different topics, you can expand your understanding.

Developing listening comprehension helps a person not only in effective communication, but also in learning and personal development. This skill is essential for success in all areas of life.

Developing listening comprehension is the process of developing the ability to understand one's own thoughts and respond appropriately in communication. This skill is important for effective communication in school, at work, and in everyday life. Below are the main ways to develop listening comprehension and information about them.

#### Learning to listen actively

- Focus: It is important to focus completely on the interviewer while he is speaking and not be distracted.
- Avoid misunderstandings: If necessary, ask again what you do not understand.
- Asking questions: Asking questions to clarify the topic.

#### Understanding voice and tone

- Observing the interlocutor's voice, tone, and body language will help you better understand listening.
- It is necessary to ask to remind again during the conversation the places that are not understood

#### Carefully analyze the content

- Separation of what you hear in the process of learning into main and auxiliary ideas.
- Focusing on a problem or topic and seeking to understand the main purpose.

#### Expanding language and vocabulary

- Listening to audiobooks and podcasts on various topics.
- Learn and practice the meaning of difficult or new words.

#### Rehearsing and analysis

- Improve listening skills by listening to audio or video recordings again.
- Analyze your listening skills and eliminate deficiencies.

#### Practice

- Active participation in group discussions.
- Try to communicate with native speakers while learning a language.

Recommended exercises:

- Record the main points by listening to short audio materials every day.
- After the conversations, briefly comment on their content.

Developing listening comprehension requires regular practice and focus. All it takes is a little time in a day to improve these skills.

Developing listening comprehension is important in language learning and effective communication. Here are some effective listening comprehension techniques and their key facts:

Choose materials that suit your interests. Listening to topics you are interested in will make it easier to stay focused and help you better understand the material.

Transition from simple to complex. In the development of listening skills, it is necessary to start by listening to easy and simple texts. A gradual transition to complex and fast-talking sources works best.

Consistency and regular exercise. Regular practice for a short time (10-15 minutes) every day strengthens the brain's ability to listen in a new language.

Watch videos with subtitles. By using subtitles, you can better understand the pronunciation and meaning of the sentences. Over time, it is recommended to remove the subtitles and focus only on hearing.

Listening and repeating the pronunciation. Repeating what you understand with your voice helps to place words and phrases in the active memory centers of the brain.

Listen to podcasts and audiobooks. Listening to podcasts or audiobooks on different topics is effective in improving new vocabulary and learning different accents.

Taking notes and creating questions. Writing down the main points from what you hear or creating questions will help you gain a deeper understanding of the content of the text.

Engage in interactive exercises. Interactive listening apps and tests increase comprehension by engaging the brain.

Learn different accents and pronunciations. Not being limited to listening to the same accent makes it easier to adapt to the accents of different nations.

Re-hearing the parts you don't understand. Re-listening to the sentences that you do not understand several times allows you to fully understand them. Developing listening skills requires patience and determination, but using the above will give effective results.

In conclusion, active listening, use of various audio and video materials, regular exercises and communication are very important to develop listening comprehension. These methods help improve listening skills and deepen language acquisition. The main thing is that success can be achieved through constant practice and patience.

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