

**LEARNING A NEW LANGUAGE: THE BENEFITS**

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Knowing new languages is a very important skill, which helps us to improve many parts of our life in Uzbekistan. That kind of stuff, for travelling, education or work and its personal growth, speaking a different language opens a lot of doors. Now this article will show you the top reasons why you should learn a new language and what will be the main advantages of learning a new language.

### **1. Better Career Opportunities**

As we all know many companies are now international in Uzbekistan. They work with clients, employees or partners in other countries. If you are fluent in another language; you have become a useful employee. A good example is that, now and then, companies need people who can speak English, Chinese, French, or even Spanish. Learning a new language could aid you to get a promotion or even a higher salary.

The jobs all require language skills like translators, teachers and tour guides. Learning another language proves you intelligent, hardworking and open minded whether or not your job requires you to speak another language. Any profession will need such qualities.

### **2. Enjoyable and Easier Travel**

Travelling to new countries is one of the most exciting moments in life. But then when you don't speak the local language traveling can be stressful. So, if you can't ask for directions, order food, or communicate with hotel staff, you might find it hard. When you speak the local language, everything is a lot easier.

You can also reach out to other local people. You can also find out about their culture, traditions, and their favorite places on the globe. It makes your trip more interesting and unforgettable. It's speaking the language that will show the local people you respect their culture, and that they'll appreciate your effort.

### **3. Improved Brain Function**

As with exercise for your brain, learning a language is an exercise for your brain. The more vocabulary, grammar, pronunciation you study, the stronger your brain gets. Study has shown that learning the list of languages enhance memory, focus, and creativity.

Learning a second language can also enhance student performance in other classes: such as math, science and problem solving. It can also reduce the risk of brain diseases, such as Alzheimer's, for older people. Keeping your brain young and healthy includes the learning.

### **4. Cultural Understanding**

Language is much more than just words; it's about who we are. When you study a new language, you learn things about the history, traditions, and way of life of people who speak that language. It is helping you to understand the world much better, and to be someone more open minded.

If you do learn Japanese, you might also learn about their respect for nature, or their traditions of tea ceremonies. If you learn Spanish, you'll learn their rich music, art, and festivals. Language enables us to look with someone else's eyes.

### **5. Confidence**

Learning a language can be hard at first, and it may seem like a mistake, but it's better to keep on making mistakes! But all mistakes are a part of learning. The more practicing, the better your confidence will increase.

Successful communication in another language makes you proud to have done so. It feeds to your self-esteem and makes you want to accomplish more. Since you are going to do that thing, you have never done then you know that after sometime you are going to realize that you can do things you never thought were possible.

### **Conclusion**

Learning a new language is hard work, it takes time and takes patience. Fortunately, it is worth it. Traveling can help you further your career, help you travel better, keep your brain fit, and connect with people of all different cultures.

Learning never starts so late for no one, regardless of your age or background. Choose a language you like and take the first step today. Every word you learn is progress remember!

### **LITERATURE**

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