

THE POETIC REALM OF ZULFIYA: PSYCHOLOGICAL DEPICTIONS AND THE REPRESENTATION OF THE HUMAN PSYCHE

Ibrohimova D.I

Tashkent, Uzbekistan

Abstract

Zulfiya (Zulfiya Murodova) is one of the prominent figures in Uzbek literature, a poet, prose writer, and translator. Her works stand out not only for their aesthetic beauty but also for their deep psychological analysis. In her writings, Zulfiya reflects the human psyche, inner world, emotions, and characters in a unique style. This article analyzes the psychological portraits and inner worlds of characters in Zulfiya's works.

Keywords: *Zulfiya Isroilova, Uzbek poetry, psychological portrait, poetic mastery, history of Uzbek literature, inner feelings, love for the homeland, war poetry, symbolism, expressive depiction, female images, Hamid Olimjon, influence of world literature, peace poetry, stylistic features.*

Introduction

Zulfiya Isroilova shone brightly in the sky of Uzbek literature as a brilliant star. She was born on March 1, 1915, in Tashkent into a family of artisans. From a young age, Zulfiya showed a passion for literature and actively engaged in writing poetry during her years at the Women's College (1931-1934), where she showcased her talent in literary circles. Later, between 1935 and 1938, she studied at the graduate school of the Institute of Language and Literature of the Academy of Sciences of Uzbekistan. Her life was rich not only in poetry but also in public activities. From 1938 to 1948, Zulfiya worked as an editor at the Children's Publishing House and as a department head at the State Publishing House of Uzbekistan. From 1950 to 1953, she served as the head of a department at the "Uzbek Women" ("Saodat") magazine and held the position of chief editor of this magazine from 1953 to 1980. With her first collection of poems "Hayot varaqlari" (1932), written at just 17 years old, Zulfiya joined the ranks of renowned poets such as Oydin, Muzayyana Alaviya, and Khosiyat Tillaxonova. The influences of classical Uzbek and Russian literature, folk oral traditions, and examples from world literature played an immeasurable role in her creative journey.

Zulfiya also created librettos for plays and operas based on Hamid Olimjon's epics "Semurg" and "Zaynab va Omon." She was awarded the Hamza State Prize of the Republic for her poetry collections "Uylar" and "Shalola." Additionally, she received the Jawaharlal Nehru International Award for her poems on Indian themes, as well as the international "Nilufar" award for her works celebrating peace and friendship, and for her active participation in the progressive Asian and African writers' movement.

Having traveled to many countries, including India, Yugoslavia, Sri Lanka, Egypt, Burma, and Austria, Zulfiya participated in the first conference of Asian and African writers held in Delhi in 1956, where she created her famous work "Mushoira" (1958). Her poems have been translated into Russian, English, German, Hindi, Bulgarian, Chinese, Arabic, Persian, and other languages. Zulfiya also skillfully translated works by writers such as Nekrasov, Lermontov, V. Inber, Lesya Ukrainka, Edi Ognetsvet, M. Dilboziy, and Amrita Pritam into Uzbek. Zulfiya Isroilova's rich creative legacy has left an indelible mark on the history of Uzbek literature.

General Characteristics of Zulfiya's Works

The primary focus of Zulfiya's works is the inner feelings, psychological states, and personal experiences of individuals. She often places her characters in complex situations and depicts their inner struggles and decision-making processes. The poet draws inspiration not only from her personal experiences but also from the lives and challenges of those around her.

In creating psychological portraits in her works, Zulfiya employs a variety of stylistic techniques. She uses internal monologues, vivid descriptions, and symbols to deepen the characterization. This approach allows readers to delve more profoundly into the inner worlds of her characters.

Zulfiya's poetry is a profound exploration of the human psyche, masterfully weaving intricate psychological portraits that delve into the depths of her characters' inner worlds. Each poem serves as a window into the soul, revealing not only the external circumstances faced by the protagonists but also their rich emotional landscapes.

In her poem "Yurak" ("Heart"), Zulfiya captures the tumultuous interplay between love and suffering. The protagonist's internal conflict becomes palpable as they navigate the turbulent waters of passion and pain. Through vivid imagery and poignant language, Zulfiya immerses the reader in this emotional struggle, allowing us to feel the weight of longing and despair that accompanies deep affection.

The character of the mother in "Ona" ("Mother") stands as a testament to Zulfiya's ability to portray complex emotional realities. The mother figure embodies unwavering love, resilience, and sacrifice. Zulfiya paints her not merely as a nurturing presence but as a multifaceted individual whose dreams and fears intertwine with those of her children. This duality enriches the psychological portrait, inviting readers to reflect on the profound sacrifices that often go unnoticed.

Zulfiya's exploration of inner struggles is particularly striking in her poem "Sevgi" ("Love"). Here, she presents a character torn between conflicting emotions—love and hatred—illuminating the intricacies of human relationships. The protagonist's journey through these contradictions serves as a mirror reflecting our own experiences of love's

complexities. Zulfiya's ability to articulate these nuances fosters a deep empathy within the reader, bridging the gap between the character's turmoil and our own lived experiences.

In essence, Zulfiya's works transcend mere storytelling; they are an invitation to explore the labyrinthine corridors of the human heart. Through her delicate yet powerful verses, she encourages us to confront our own inner struggles and to embrace the multifaceted nature of our emotions, ultimately celebrating the resilience of the human spirit.

Here are the excerpts from Zulfiya's poems translated into English, along with brief explanations of their meanings:

Excerpt from the poem "Yurak" ("Heart")

"Heart, within you
Love, suffering, and hope,
Sorrow and joy together,
Every moment is with you."

"Yurak" she'ridan parcha
"Yurak, sening ichingda
Sevgi, iztirob va umid,
Qayg'u va quvonch birga,
Har lahza sen bilan birga."

This excerpt serves as an example of the poet's expression of a person's inner emotions through the symbol of the heart. The heart is portrayed not only as a symbol of love but also of suffering and hope. Here, the poet reveals the character's internal struggle and emotional state.

Excerpt from the poem "Ona" ("Mother")

"Mother, in your love
I feel every step,
Your patience, your strength,
Always supports me."

"Ona" she'ridan parcha
"Ona, sening mehringda
Har bir qadamni his qilaman,
Sening sabring, sening kuching,

Meni har doim qo'llab-quvvatlaydi."

This excerpt reflects the strength and love of the mother figure. Zulfiya emphasizes the mother's patience and her boundless love for her children while creating this image. The mother also plays a crucial role in the character's inner world.

Summary

Zulfiya employs deep analysis and subtle imagery in creating psychological portraits in her works. Her characters are always complex and multifaceted, and their inner worlds leave readers in awe. The psychological portraits in Zulfiya's works not only reveal the complexities of human psychology but also provide each reader with an opportunity to reflect on their own feelings and experiences.

The poems and excerpts in Zulfiya's works demonstrate her skill in creating psychological portraits. By deeply analyzing the inner emotions, struggles, and experiences of her characters, she conveys their mental states to the reader. The poetess's delicate and emotion-filled style encourages the reader to connect with their own feelings.

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