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INDEPENDENT LEARNING OF ENGLISH

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Abstract.

This article will let you know more about independent education. Classification of learning and its types is given, and various examples are given to prove these classifications. Self-directed learning encourages self-management and self-improvement. Encourages the person to be more independent.

Keywords: Types of education, independent education, innovative education, skills, stages of education, motivation, encouragement.

We know that education is a stage that expands the scope of human thinking. Education is the process of imparting knowledge, skills and abilities, the main means of preparing a person for life and work. Education is the main factor that develops a student's cognitive ability. Systems aimed at developing students' abilities are manifested in the form of certain didactic rules. The educational process can be carried out in various forms; in schools, universities, various trainings, online courses, personal study, etc. In this, teachers and mentors play an important role, they not only give knowledge to students, but also take a big responsibility in preparing them for life. Students also use self-directed learning to gain more knowledge, which is called independent learning. In this process, the learner defines his learning goals, searches for resources, manages time effectively, and evaluates his learning. Self-directed learning allows the learner and learner to further correct their own mistakes. Some key aspects of independent learning are:

- 1. Motivation and goal setting; In this case, the student needs to be motivated for a certain goal to achieve the goal. One of the main features of this process is student self-motivation.
 - 2. Self-management;

The learner develops his/her skills to use resources effectively to achieve goals by creating a study plan that uses his/her time effectively.

- 3. Use of resources;
- 4. Self-evaluation and feedback.
- 5. Creativity and choice
- 9. Advanced reading methods.

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Although independent education has several advantages, it also has several disadvantages. Independent learning is effective when the student can control himself, set some limits for himself. For example, in independent education, there is no need for direct support from a teacher or mentor, which can cause misunderstandings or difficulties in some cases. There may be uncertainty in the student's assessment of their own knowledge, as there is limited opportunity for external assessment or feedback in independent study.

Independent studies allow students to explore their interests and make important decisions about how and where to direct their talents in the future. Another way to understand independent learning is to understand distance learning. Distance learning is the theory that the student is physically or mentally distant from the teacher. In this case, the student and the teacher are linked to a worksheet, essay, or Web site.

In addition to what I mentioned above, independent study gives the student the opportunity to study more deeply in their areas of interest. The reader can conduct indepth research on topics of interest. The student will have the opportunity to learn at his own time and place through various resources. In this type of education, the student has many choices and can have a choice in his/her own learning methods. This can be visual, auditory, hands-on reading or other forms. In addition, educational materials will focus on the formation of theoretical knowledge, practical skills and competencies based on independent learning, assignments of different levels of complexity, creative and independent performance of practical tasks in the audience and outside the audience.

Overcoming Challenges in Independent Learning:

Procrastination: Set small, achievable tasks to avoid feeling overwhelmed and stay motivated.

Lack of Structure: Develop a routine or schedule, so you know when and what to study.

Difficulty Staying Motivated: Reward yourself for completing tasks, set deadlines, or connect your learning goals to personal aspirations.

One of the main goals is to strengthen and enrich acquired knowledge, practical skills and abilities to work with information, self-development, cognitive, creative and cooperative work competencies.

- 1. Self-Motivation: Learners set their own goals, decide what to study, and determine the pace of their learning.
- 2. Self-Discipline: The ability to work without external direction, managing time, and maintaining focus on tasks.
- 3. Self-Assessment: Independent learners evaluate their own work, identify areas for improvement, and track their progress.

Ta'lim innovatsiyasi va integratsiyasi

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4.Problem-Solving Skills: Learners take initiative to find solutions on their own, fostering critical thinking and creative problem-solving.

To sum up, independent education is an educational process aimed at the student's independent development of knowledge and skills, requiring freedom and responsibility. This method can bring difficulties along with its positive aspects, but with the right approach and support we can develop. In addition to this, Independent learning encourages personal responsibility and autonomy in the learning process, empowering learners to take charge of their education. By fostering key skills such as self-discipline, time management, and critical thinking, it helps students become lifelong learners who can adapt to a constantly changing world. Whether in academic settings or personal development, independent learning can greatly enhance one's ability to acquire knowledge and skills.

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